

STEPS WE CAN TAKE TO LOWER OUR CARBON FOOTPRINT

Mission Statement: Think about how you can reduce the resources that you use i.e., fossil fuels, water, electricity, plastic, food.

EASY STEPS

1. Drive less and within the speed limit / carpool
2. Turn off your engine when your vehicle is in a parking spot
3. Inflate your tires
4. Adjust your thermostat in your house and office
5. Do not use a second refrigerator, especially one that is in a hot garage.
6. Wash clothes in cold water
7. Do not over dry clothes. Finish drying on a rack or hangers, which also eliminates the use of an iron.
8. Turn off shower when lathering up with soap
9. Unplug-phantom load appliances that are rarely used (TVs, DVRs)
10. Eat less red meat and dairy
11. Reuse, repurpose, recycle, repair
12. Participate in marches and rallies which support our environment
13. Write to your legislators / **vote / talk to everyone about how we can make a difference on the issue of climate change.**

MORE EFFORT

1. Plant trees (ones which do not require a lot of water)
2. Grow an organic garden. Compost table scraps & leaves (please don't burn them)
3. Instead of burning your brush piles, contact CDF to request their "chipper program"
4. Limit your use of recreational vehicles
5. Fly less / purchase offsets (i.e., carbonfoundation.org)
6. Install an evaporative cooler instead of an air conditioner. They work well in our area.
6. Make contributions to environmental organizations

MOST EFFECTIVE, MORE COST

1. Add more insulation in your attic
2. Replace doors and windows which are not energy efficient
3. **Buy an electric or plug-in hybrid vehicle (electricforall.org)**
4. **Install solar panels on your home and office building**
5. Build a solar home or situate your new house so that the side with the most windows is facing south
5. Invest in renewable energy and environmentally friendly companies
6. Divest from oil, gas and coal companies